

# **Healthy South Texas**

# Master Gardener Growing Healthy Communities Specialist Training Implementing Learn, Grow, Eat, Go! and Growing and Growing Nourishing Healthy Communities

# June 15-17, 2016 Corpus Christy Extension and Research Center

#### **AGENDA**

#### Wednesday, June 15, 2016

1:00-1:15 p.m.	Introduction of Healthy South Texas
1:15-1:45 p.m.	Connecting food systems to health
1:45-2:30 p.m.	Building Community Partners and Collaborations
2:30-3:30 p.m.	Understanding Target Audience
3:30-4:30 p.m.	Overview of LGEG and Research Outcomes
4:30-5:30 p.m.	Overview of Learn, Grow, Eat & GO! curricula lessons/hands on activities

# Thursday, June 16, 2016

8:00-11:00 a.m.	Continuation of Learn, Grow, Eat & GO! curricula lessons/hands on activities
11:00-12:00 p.m.	Learn, Grow, Eat & GO! Agent/Volunteer Resources and Leading a Food

Demonstration

12:00-1:00 p.m. Lunch

1:00-2:00 p.m. Overview of Growing and Nourishing Healthy Communities Curriculum

2:00-5:00 p.m. Garden Location (outside)

Soil and Compost (outside)

Raised Beds and Containers (outside)

5:00-6:00 p.m. Garden Tour

6:00 p.m. Optional, Dutch treat group dinner

# Friday, June 17, 2016

8:00-11:00 a.m. Maintain Your Garden

Disease and Insects Harvest and Review

11:00-12:00 p.m. Putting Your Program in Place and Evaluate Specialist Training