

Roasted Beets, Fennel and Apples

Original recipe from: <http://allrecipes.com/recipe/126262/roasted-beets-apples-and-fennel/>

Ingredients

- 5 medium beets, peeled and quartered
- 5 apples, cored and chopped
- 2 heads fennel, trimmed and thickly sliced
- ¼ cup honey
- ¼ cup hot mustard
- ¼ cup apple cider vinegar
- 2 tablespoons olive oil
- 1 teaspoon Himalayan salt
- ground black pepper, to taste

Preheat oven to 400 degrees F (200 degrees C).

Place the beets, apples, and fennel in a large roasting pan. In a small bowl, mix together the honey, mustard, apple cider vinegar, olive oil, salt, and pepper. Pour the dressing mixture over the beets, apples, and fennel and mix well.

Roast in the oven for 1 hour or until the beets are tender.

Serves 6.

