

## Henderson County Master Gardeners Weekly News Article January 08, 2018

## Food History Presentation Offered by Lydia Holley

Master Gardener Bob Erickson will present "Where Did Our Food Come From?" on Tuesday, January 16, 5:30 p.m., Clint W. Murchison Memorial Library, 121 S. Prairieville, Athens. This extremely interesting presentation will explore the mouth-watering subject of how and why our food has evolved through the years. This presentation is a



part of Henderson County Master Gardener's 'Learn at the Library' series, presented on the third Tuesday of each month. The presentation is free and open to the public.

Have you ever thought about the foods that are commonly found on your plate? Do you know how the foods that you now eat evolved? Are you interested in knowing how we so easily acquire the abundance of foods we enjoy? Whether you agree with large farming practices or not, do you know how and why these practices developed? You may be surprised to know how the progress of man and the progress of food have interlaced over time.

Food is a captivating subject because we all need it. But the food that we eat now is not the food that our ancestors knew. Additionally, they had to grow all the food that they needed in order to survive. We, on the other hand, can easily run down to the local grocery store where there is an abundance of foods from numerous countries just waiting for us to partake. If you are interested in learning how that happened, you will want to hear this absorbing presentation.

Come learn about the history of food. You will walk away satisfied and full of knowledge about one of our most important activities - eating.

For more information, call 903-675-6130, email <u>hendersonCMGA@gmail.com</u> or visit <u>www.henderson-co-tx-mg.org</u>.