## KEEP ON GARDENING



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## KEEP ON GARDENING......CREATE YOUR OWN TOOLS

An enabling tool can be a conventional item used in an unconventional way.

**Dibble:** Used for making planting holes for seeds.

Conventional items: Turkey baster, pencil, dowel rod, cane.

Homemade versions: Sharpened broomstick inserted into a square or rectangular piece of wood to make it easier to handle.

**Seeding Tool:** Used to get seeds into the dirt in a ground-level garden.

Conventional items: Piece of 1" PVC pipe or bamboo, seeder/cane taped together.

Homemade versions: PVC pipe with funnel attached at top and dibble attached extending 3" or so beyond the bottom edge of the tube.

**Seed Tape:** Used to plant seeds with just the right spacing.

Conventional items: Can be purchased.

Homemade versions: Cut newspaper strips 1" wide; put a dab of flour-and-water paste at proper intervals and put one seed on each dab.

**Digging Holes:** Used to dig holes for transplants in prepared, loosely packed soil.

Conventional items: Big spoon or large, plastic mug with handle to scoop up soil.

Homemade versions: Attach a big spoon to sturdy pole or stick.

**Setting Out Transplants:** Used for getting small plants into the soil.

Conventional items: Long-handled trowel, child-sized shovel, long-handled reacher. Homemade versions: Built-up/extended handles on tools, 5" drainage pipe to slide plant down to hole.

Cultivating and Weeding: Used for reaching around to clear weeds.

Conventional items: Oscillating hoe, forks, child-size hoes, long-handled reacher.

Homemade versions: Built-up/extended handles on tools.

Watering: Used to get water to plants in the ground and in containers.

Conventional items: Drip irrigation, soaker hose, spray wand, plant pulley, watering cans. Homemade versions: Sink coffee cans or jugs with holes in sides next to plants and fill with water for slow release. Partially-filled plastic gallon milk jug, rubbersqueeze bulb, sponge soaked in water

Cutting and Pruning: Used to manage plants and cut flowers.

Conventional items: Lightweight scissors, florist pruners, flower gatherers, ratchet pruners/shears.

Homemade versions: Built-up/extended handles on tools.

**Transporting:** Used for moving items around your garden area.

Conventional items: Wheelbarrow, garden carts, child's wagon.

Homemade versions:

- For persons using wheelchairs lapboards, baskets and hooks to hold hose.
- For ambulatory persons with crutches/canes carry tools in one gallon cutdown container belted around the waist; modify carpenter's apron by using hook and loop fasteners to add pockets for tools and clippings.
- For persons using walker attach bicycle basket for frame.

Harvesting: Used for gathering crops.

Conventional items: Garden carts, child's wagon, reacher.

Homemade versions: Cut-down milk container hanging around your neck.

**Tool Grip Modifications:** Methods for adapting a variety of tools.

Upright Tool Grip – improves leverage and decreases wrist and hand strain.

Double-Handle Tool Grips – improves leverage and decreases wrist and hand strain.

Foam Pipe Insulation – for less severe grip limitations.

Tool Arm Support – adding an arm support to tool handles gives extra support.

Leather or Rubber Grips – makes grips more comfortable.



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Revised: March 2020